

# NEWSLETTER



## SUMMER CAMPS SEASON

Karinny Lemos

With no doubt, summer is one of the most expected seasons of the year for people around the world. For the Czechs it means: relaxing time and fun! That's what the summer camps are about. Besides that, it is the perfect opportunity to make new friends and meet the old ones again.

The idea behind the Summer Camps on DDM Kámarad organization and Rébus, is to provide a great time for the young people of the town and around during the time out of the school, in a way that they can have contact with nature, participate on workshops, discover new activities, and share their knowledge with each other.

Everything that involves summer camps is about fun and learning, for the youth and for those who are providing so carefully the activities together.

### CONTENTS:

- Summer Camps Season
- Nature Activities
- Indoor Activities
- Our Team



## Nature Activities



Czechs in general love to have contact with nature and take care of their health. So, it's not hard to guess that activities in the nature are the majority on the summer camps schedule, and youth love it! The summer camps are also an excellent way to take the kids out off their computers and video games; that's why the topics were full of creativity and fun.

Among the activities during summer camps season, we have a bicycle trip to the neighboring cities, where in the middle of lunch breaks, we could enjoy the magnificent surrounding landscapes. At the end of the tour, we spent the afternoon enjoying the entertainment at the Ski Resort in Přívrát.







After another bicycle trip, we could enjoy some time together in a bowling restaurant, where we could improve our bowling skills and have some of their delicious dishes and coffee.

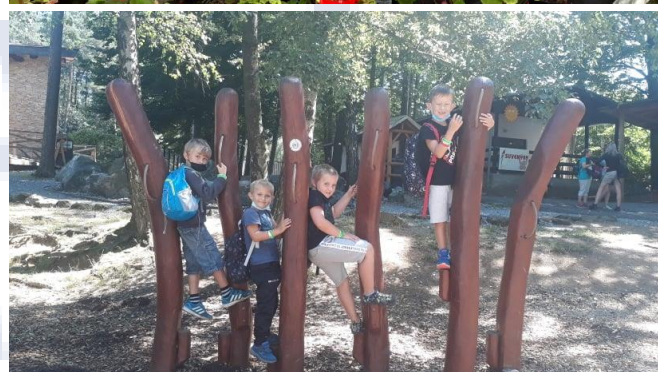


A great way to enjoy the views and spend some time together was making the trips, most of the way, by foot. Until we get to other great place called "The watch tower" in Ústí nad Orlicí.





Besides the sport related activities, the program provides lots of trips by train for another cities around enabling visits to different places, such as Olomouc Zoo and a fabulous Garden Store in Ústí nad Orlicí, where kids could make their own flower vase and understand a little bit about this gardening world and the its benefits.





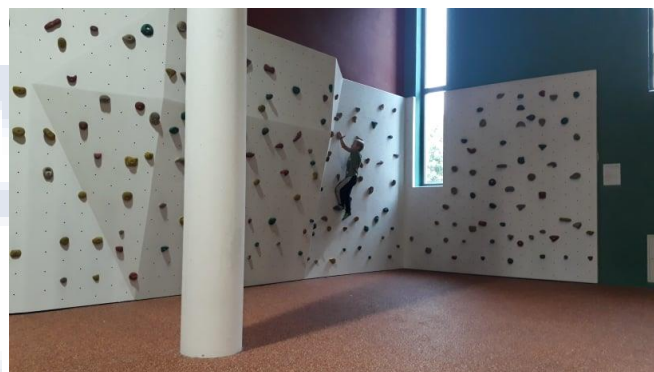
## Indoor Activities



As creativity is the main topic of some summer camps, some activities involved indoors activities too! It doesn't matter if the weather doesn't contribute sometimes, we had a range of attractive ideas of fun, like swimming, running, jumping, playing around and having some interesting workshops about gardening and Bee's life.



Some of these trips had some famous and beloved places as a stop point, such as the Jump Academy in Olomouc, where kids can play around this trampoline world and some virtual reality games.







Following the same concept, we also could enjoy the day on BRuNO Family Park, in Brno, one of the most amazing places that you can be with your family, designed with only one goal: Having fun! Everything there is projected to be something where you can play, from the roof to the floor. So you can already imagine the satisfaction of the kids entering such a perfect world.



Also a great idea and an excellent sport is swimming. It is always great to have a swimming pool day on our camps. Due to its structure made in a closed place, in this particular place it's possible to spend the whole day even if the weather is warm but windy.





# THE MARVEL SUMMER CAMP



Finally, last but not least, let's talk about this summer camp for youth! Particularly speaking, as somebody who is participating for the first time on activities like these, it was one of the most different and satisfying experiences I've ever been. Including some trips to the nature and fun games in a Medieval Village in Česká Třebová, we spent the whole week together at the lovely main office of DDM in Hlinsko.



Sleeping on our sleeping bags, preparing breakfast, trips, activities and sharing moments that is only possible when you create this family atmosphere, as it was with this super team.



The project was based on Marvel Universe where each of us was representing Marvel's superheroes and playing activities to collect the stones to complete the Infinity Gauntlet.

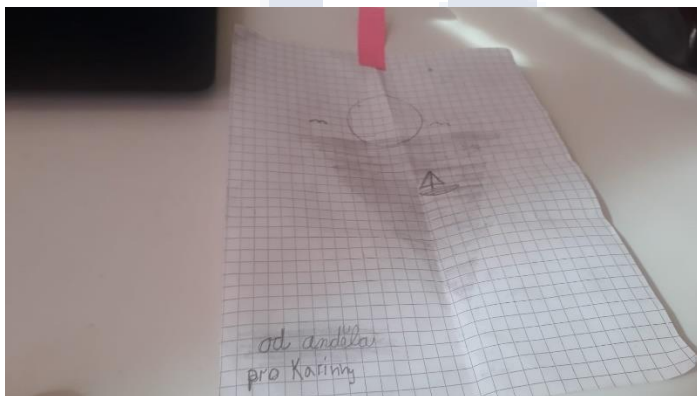




As you can see, the topic can speak for itself: Lots of fun and content! The young participants had to complete different tasks to earn the stones.



The tasks involved activities to demonstrate that you are capable of accomplishing more than you think, including strength, brains and skills; practicing kindness to others, including spending the day being the "angel" of one of your colleagues without his or her knowing you were taking care of him; taking a trip to nature solving questions until you reach an amazing place called "Hell" where you have an interactive theatre and finally having a delicious lunch together.



ARÁD  
DŮM DĚTÍ A MLÁDEŽE  
ČESKÁ TŘEBOVÁ



## Football partnership



As an extra activity, we could luckily find some time to play football, with the partnership with Football pro Rozvoj, from INEX, we brought the project Football 3 for this summer camp. The youth superheroes could improve their skills playing a new concept of fair playing that involves inclusion and fellowship, with boys and girls playing on the same team, besides younger kids having their space to play with the older ones.



The activities were so many that at the end of this week, we were able to feel closer to each other and share our own personal development.



In the end of the match, they could decide between each other the score of the game and feel that football is based on fun rather than competition.



If there was a word to describe the activities promoted by DDM Kamarád and Rébus during the summer season, it would be "necessary". Everybody should know this culture and experience these values where there are people who work hard all year long doing what they love to bring knowledge and joy to our young community. Without a doubt, I feel privileged to participate in this project.







KARINNY LEMOS  
(BRAZILIAN)

Dům Děti A Mládeže Kamarád

Sadová 1385, 560 02 Česká Třebová

Tel. +420 777 292 242

[hana.milerova@ddmkamarad.eu](mailto:hana.milerova@ddmkamarad.eu)

DDM Kamarád ([ddmkamarad.eu](http://ddmkamarad.eu))